



# The City of Stoke on Trent S.C. (COSACSS)

## Y2K 2019

### LICENSED OPEN MEET

(under A.S.A Law and A.S.A Technical Rules)



#### PROGRAMME OF EVENTS

##### SESSION 1: (WARM UP 8:00am, START 9:00am) SATURDAY 6<sup>th</sup> APRIL 2019

Event No	Sex	Event	Length	Ages
101	Boys	Ind Medley	400m	10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
102	Girls	Freestyle	200m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
103	Boys	Backstroke	200m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
104	Girls	Butterfly	50m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
105	Boys	Freestyle	50m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
106	Girls	Breaststroke	100m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
107	Boys	Butterfly	100m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
108	Girls	Backstroke	100m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV

##### SESSION 2: (WARM UP To be advised) SATURDAY 6<sup>th</sup> APRIL 2019

Event No	Sex	Event	Length	Ages
201	Girls	Freestyle	400m	10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
202	Boys	Freestyle	200m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
203	Girls	Breaststroke	200m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
204	Boys	Backstroke	50m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
205	Girls	Backstroke	50m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
206	Boys	Breaststroke	100m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
207	Girls	Butterfly	100m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
208	Boys	Freestyle	100m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV

##### SESSION 3: (WARM UP 8:00am, START 9:00am) SUNDAY 7<sup>th</sup> APRIL 2019

Event No	Sex	Event	Length	Ages
301	Boys	Freestyle	400m	10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
302	Girls	Ind Medley	200m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
303	Boys	Breaststroke	200m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
304	Girls	Breaststroke	50m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
305	Boys	Butterfly	50m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
306	Girls	Freestyle	100m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
307	Boys	Ind Medley	100m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
308	Girls	Butterfly	200m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV

##### SESSION 4: (WARM UP To be advised) SUNDAY 7<sup>th</sup> APRIL 2019

Event No	Sex	Event	Length	Ages
401	Girls	Ind Medley	400m	10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
402	Boys	Ind Medley	200m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
403	Girls	Backstroke	200m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
404	Boys	Breaststroke	50m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
405	Girls	Freestyle	50m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
406	Boys	Backstroke	100m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
407	Girls	Ind Medley	100m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV
408	Boys	Butterfly	200m	9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15/OV